What is cultural competence?
Cultural competence is the ability to participate ethically and effectively in personal and professional intercultural settings. It requires being aware of one’s own cultural values and world view and their implications for making respectful, reflective and reasoned choices, including the capacity to imagine and collaborate across cultural boundaries.

Cultural competence is, ultimately, about valuing diversity for the richness and creativity it brings to society. The National Centre for Cultural Competence introduces and explores concepts from the standpoint of Aboriginal and Torres Strait Islander cultures as a first step.

What we offer
The NCCC offers a range of resources to assist in developing cultural competence including:

- Online training modules
- Leadership programs
- Workshops

Online training modules
The Centre has created a series of five online cultural competence modules to support the University’s strategic commitment to cultural competence.

These modules take approximately 30 minutes each to complete and are designed to build on your current or emerging cultural competence. You can access the modules via CareerPath.

Cultural competence leadership programs
The Centre offers a transformational retreat program for leaders to develop their capability, capacity and resilience for culturally competent leadership. It also helps deepen connections between leadership, cultural competence and Aboriginal and Torres Strait Islander contexts.

Please email nccc@sydney.edu.au for more information about the program.

Workshops
The lifelong journey of cultural competence starts with getting to know yourself and your worldview. All our workshops and resources are informed by our overarching commitment to Aboriginal and Torres Strait Islander ways of knowing, being and doing. Our face-to-face workshops give you a solid grounding in cultural competence.

All current workshops are running online via Zoom.
Upcoming Workshops (July-August)

Cultural Competence: The Fundamentals
27 July, 9:30am-1:00pm
This workshop will examine the building blocks of cultural competence. Participants will gain a foundational knowledge of cultural competence theory and practice and will start to understand more fully the impact that their worldview and socialisation have on their interactions with others. Participants will gain practical experience and knowledge through activity-based sessions.

Register online [here](#)

Cultural Competence: Knowing Self
28 July, 9:30am-1:00pm
Critical self-reflection is crucial to developing cultural competence and includes the ability to understand our own cultures, values and identities as well as our privilege and biases. It also includes supporting our resilience and wellbeing so that we are better able to have difficult conversations. This workshop will explore how to develop critical self-reflective practices and how to engage in cultural competence work.

Register online [here](#)

Cultural Competence: Anti-Racism
05 August, 9:30am-1:00pm
Across Australia people continue to experience racism in a variety of contexts. In order to continue the development of our cultural competence capabilities we need to understand racism and the connections between power, privilege and racism.

This workshop will help participants to understand more about racism, privilege and oppression. The workshop will also focus on how the racist narrative in Australia has developed and is experienced. Through the workshop participants will explore ways to address racism and to build safe, supportive and diverse environments.

Register online [here](#)

Seeing the Unseen: Addressing Institutional Racism
03 August, 9:30am-1:00pm
This workshop will focus on the cultural competence leadership capabilities necessary to champion anti-racism strategies. It will address the issue of the often-hidden nature of institutional racism and focus on themes such as understanding the role of unconscious and conscious bias and ‘colour-blindness’. Exploring these complex issues will equip participants with a nuanced understanding and perspectives of institutional racism.

The program will provide space for critical reflection, discussions and sharing of experiences and will culminate in identifying practical outcomes.

Register online [here](#)

Cultural Competence: For Teaching and Learning
11 August, 9:30am-1:00pm
This workshop aims to promote pedagogical innovation, increased engagement in the learning process, and cultural competence outcomes.

Specifically, the workshop provides people with the knowledge and resources to shift how they approach and facilitate learning through a relational social constructionist epistemology, encouraging learning from within and about their inter-relatedness and interdependence with each other and their broader social, political, cultural, environmental and professional contexts.

Register online [here](#)

Cultural Competence and Curriculum
12 August, 9:30am-11:30am
Cultural Competence is a graduate quality and a key part of the University’s education strategy. As a result, there is an increased interest and impetus to embed cultural competence across the curricula. To assist, the NCCC is offering this workshop which will help to identify a process for developing an approach to cultural competence that is relevant in each disciplinary context.

Register online [here](#)